

Body Therapy

Massage 1 ½ hrs \$126 – 1hrs \$74 - ½ hrs \$44

Our Signature Treatment

A blend of the world's best relaxation techniques Remedial

To remedy a particular problem area

Deep Tissue

When you need deeper work into the muscle

Swedish

The original Western massage, increases circulation, improves lymphatic flow and releases muscle tension

Chinese Massage

Uses acupressure techniques

Pregnancy

Pre & Post natal massage care

Aromatherapy

Special prescriptions of medical grade essential oils are blended to personalize your treatment.

Shiatsu

Ancient Japanese pressure point massage

(health fund rebates available on request)

Hot Stone Massage or New Warm Bamboo provides a deep relaxation to ground your body and spirit; this earthy massage will take you out of this world.

30mins \$55

60mins \$89

90mins \$129

Full Body Massage & Sea Salt Exfoliation 1hr \$99

Full Body wrap using a specially created for you using only organic ingredients using a clay and essential base and infused with the Vibrosaun ideal for detoxification lymphatic draining and hydration \$105 – 1hr

Full Body wrap and sea salt exfoliation \$125 - 90mins

Full Body wrap and sea salt exfoliation plus light body massage \$ 189 - 2hrs

Vibrosaun, is excellent for increasing circulation, Reducing fluid retention and relieving muscle aches & pains.

Vibrosaun session 30mins \$35

Add Vibrosaun to any treatment 25mins \$20

Add Spa Bath with any treatment 30mins \$39

Facial Therapy

Hydroptimal TH13 -

'World First' In a new skin care technology. Teaches the skin to reactivate its natural hydration system to create a healthier more youthful complexion. Maintains optimal hydration and reinforces the protection of the skin through prolonged water equilibration. 75 mins \$129

Lift Defence 2 -

The essence of youthful skin. Lifting the facial contours and diminishing fine lines and wrinkles one by one. Reinforces and supports cellular defences also relaxes expression lines. 90mins \$139

W' Lightening -

AHA & BHA preparation of the skin is followed by double exfoliation papaya peel of mask. This is followed by the application of pure vitamin C and a massage. This treatment also inhibits excessive melanin production in the skin. 75mins \$129

Oxylience Treatment -

Rejuvenating a tired, stressed sluggish skin. Encourages a healthy cellular metabolism with a complex of aromatic essential plant extracts. Then radiance, vitality and youthfulness of the skin is restored. 60mins \$109

Flash Beaute -

A powerful Vitamin C Pick me up cocktail incorporating antioxidants together with a concentrated essence of orange, mandarin and lemon, this will leave your skin hydrated and energised. 60mins \$99

Holistic Rejuvenation Therapy

This Facial treatment is about harvesting the bounty of nature with raw ingredients and organic nutrition and mineral infusion with powerful detoxifying capabilities with a 100% chemical and preservative free. The Therapist will use Lymphatic drainage Acupressure and Reflexology to make this a Totally Holistic Experience \$89 - 1hr

Deep Cleansing

Treat the Skin with two different cleansing treatments deep steam exfoliation with extractions plus calming treatment plus a rehydration mask to balance the skin leaving you with cleaner, smoother unblocked skin. \$59 – 45mins

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Balance Facial

Stop and recharge your senses with this express facial cleanse steam exfoliation therapy with prescription mask and hydration infusion and spf \$49 - 30mins -

Aspect Clinical Skin Peels

The cheat's way to a perfect, enviable complexion and flawless looking skin! For those who already subscribe to a customised Aspect™ skin care program and want to fast track your progress or let's face it – "cheat your way to perfect looking skin really fast" we have devised a veritable smorgasbord of superb clinical strength peels to fulfil your quest for clear, glowing, youthful looking skin in no time at all. \$69 – 40mins

Microdermabrasion

Soughs off the dead and dull surface layers of the skin, stimulating an increase in collagen production and rejuvenation. Many patients see dramatic improvements in the tone, texture, and color of treated areas after just one treatment. Microdermabrasion can also improve: Oily or dull skin
Enlarged pores
Clogged pores
Fine lines
Mild acne scars
Mild complexion problems (such as uneven pigmentation or poor skin texture) The benefits of microdermabrasion also include enhanced circulation and lymph flow, which promote the internal health of the skin. 45mins \$75 (purchase 5 get 6 free)

Facial Add ons

Peel \$29

Microdermabrasion \$39

Serum Infusion \$10

Paraffin Hand or Foot Treatment \$15

Facial & Decollate Massage \$15